





## Pancakes filled with Marinated, Seasonal Fruits

### Ingredients (Makes approx 28 pancakes)







-  800ml Milk
-  100ml Beer
-  6 Eggs
-  75g Sugar
-  1 Vanilla Bean
-  Juice and Zest of 1 Lemon
-  Juice and Zest of 1 Orange
-  250g Plain Flour

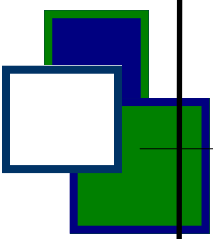
### Method:

#### Pancakes






-  Whisk together the Milk, Beer, Eggs, Sugar, Vanilla, Juice, Zest and a pinch of salt
-  Sift in the flour and gently mix together
-  The mixture must be nice and round in texture, with no lumps
-  Bake on pans at moderate heat using clarified butter


#### Filling










-  When filling the pancakes, it is important to make sure that the filling mixture is not too wet – this will ensure the pancakes do not collapse when they are baked in the hot oven
-  Ensure that you do not over cook the fruit when poaching
-  To bind the poached fruit, fresh fruit, dried fruit, nuts and chocolate together, use almond meal
-  Fill the pancake with your choice of filling and fold it into a parcel to prevent the filling from running out
-  Place onto an oven tray lined with baking paper and brush with clarified butter
-  Bake at 180 degrees for 10 – 15 minutes



## Fruit Sauce

-  Take your chosen berries or soft fruit and puree into a sauce
-  Strain if necessary
-  It's as simple as that
  
-  Should you use hard fruits, then peel the fruit, remove core, and cook in a minimum of water with a little lemon juice and a little castor sugar
-  Puree and strain if necessary

 These are some fruits and berries you could use:

-  Apples
-  Pears
-  Mangoes
-  Blackcurrants
-  Blueberries
-  Paw Paw
-  Kiwi Fruit
-  Raspberries
-  Strawberries